



# The BLUEBIRD

A SOUTHERN FARM-TO-TABLE CAFE

THE BLUEBIRD IS A PROUD MEMBER OF THE STANFORD STEWARDSHIP GROUP, ALONG WITH KENTUCKY SOAPS & SUCH AND WILDERNESS ROAD GUEST HOUSES & ROOMS.

BLUEBIRDNATURAL.COM

## OUR BREAKFAST CLASSICS

# FAVORITES

### BISCUIT & GRAVY | 4.95

Homemade biscuit, sausage gravy

### STANFORD SUNRISE | 6.95

Two eggs, biscuit, sausage gravy

### BLUEBIRD BENNIE | 10.95

Fried green tomatoes, ham, red pepper coulis, smoked gouda cream sauce, two eggs over easy

### THE SIMPLE MAN | 7.95

Two eggs, bacon or sausage or ham, biscuit



### THE HUNGRY MAN | 9.25

Two eggs, bacon or sausage or ham, biscuit, fried potatoes or gouda grits

### B.E.L.T.A. | 10.25

Eggs, bacon, avocado, lettuce, tomato, garlic aioli, wheat toast, fried potatoes or gouda grits

### BLUEBIRD HASH | 9.95

Fried potatoes, onions, peppers, cheddar & jack cheese, two eggs, ranch

# LIGHT FARE & GRIDDLE

### CLASSIC BUTTERMILK CAKES | 6.95

Add blueberries +2.00

Add milk chocolate or white chocolate chips +1.25

Add strawberries +1.35

Add granola +1.50

### FRENCH TOAST | 10.25

Brioche, powdered sugar, strawberries, whipped cream

### AVOCADO TOAST | 7.95

Griddled wheat toast, smashed avocado, egg over easy, bacon-tomato-scallion crumble

### POWER BIRD FRITATTA | 8.25

Open face turkey, spinach, tomato, two eggs, swiss, salsa, wheat toast

### SOUTHWEST EGG WHITE FRITATTA | 8.95

Open face three egg whites, sausage, jalapeno, pepperjack cheese, salsa, avocado, wheat toast

### OATMEAL WITH BROWN SUGAR | 4.95

Add strawberries, cranberries and walnuts +3.25

Add blueberries and granola +2.50

# SIDES & DRINKS

2 SAUSAGE PATTIES | 3.00

2 SLICES OF BACON | 4.95

2 OZ. HAM | 3.95

EXTRA EGG | 1.75

FRIED POTATOES | 2.00

BUTTERMILK BISCUIT | 2.00

SAUSAGE GRAVY | 2.25

GOUDA GRITS | 2.75

SLICE OF WHEAT TOAST | 1.50

CUP OF FRUIT | 2.50

ELMWOOD INN FINE HOT TEA | 2.50

BAXTER'S COFFEE | 2.30 ☉ 2.65

MILK | 2.75

ORANGE JUICE | 2.75

SWEET OR UNSWEET TEA | 2.50

FLAVORED TEA/SPARKLING WATER | 3.00

Peach, Raspberry, Strawberry

SODAS | 2.50

Pepsi, Diet Pepsi, Dr. Pepper, 7Up,

Mt. Dew, lemonade, club soda

# OMELETS

All omelets come with a warm buttermilk biscuit.

### BLUEBIRD OMELET | 9.95

Three eggs, onions, peppers, sausage, fried potatoes, smoked gouda cream sauce

### CHEESE OMELET | 5.95

Three eggs, cheddar & jack cheese

### DENVER OMELET | 8.50

Three eggs, ham, peppers, onions, cheddar & jack cheese

### SPICY SAUSAGE OMELET | 7.25

Three eggs, sausage, jalapenos, pepperjack cheese

### POPEYE OMELET | 6.25

Three eggs, mushrooms, spinach, swiss

### WESTERN OMELET | 9.00

Three eggs, ham, peppers, onions, cheddar & jack cheese, salsa

# BUILD YOUR OWN OMELET

Start with a cheese omelet and customize with your favorite ingredients! Make it an egg white omelet for 1.50 extra.

### VEGGIES | PRICES VARY

Spinach .85 ☉ Onions .50 ☉ Tomatoes .85 ☉ Peppers .50 ☉

Mushrooms .85 ☉ Jalapenos .50 ☉ Asparagus 1.25

Artichokes 1.00

### MEATS | PRICES VARY

Sausage 2.00 ☉ Ham 2.00 ☉ Bacon 3.00 ☉ Turkey 2.00

Note: Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

## HOW *The Bluebird* TOOK FLIGHT

Prior to leading The Bluebird, Chef Bill Hawkins served as executive chef to Elvis Presley Enterprises and nationally-ranked golf resort Victoria National Golf Club. He has appeared on the Food Network with Bobby Flay, the Discovery Channel, the Travel Channel, & many other Kentucky television stations. In 2011, a sudden & steep decline in health lead Chef to study natural foods. He found that the more he eliminated harmful chemicals from his diet, the more his health improved. Around the same time, Jess & Angela Correll were searching for an executive chef for their new restaurant, set to focus on local foods & feature naturally-processed meat from nearby Marksbury Farm. Upon meeting, it was clear to Chef Hawkins & the Corrells that their values were aligned. From their partnership & commitment to the same vision, a Bluebird was born.